



**Curriculum  
Cosmetology**

| LEVEL I  |         | HOURS      |              |
|--|---------|------------|--------------|
| DESCRIPTION                                      | CODE    | THEORY     | LAB          |
| Basic Cosmetology and Styling                    | CS - 1  | 20         | 180          |
| LEVEL II   |         | HOURS      |              |
| DESCRIPTION                                      | CODE    | THEORY     | LAB          |
| Infection Control Theory and Laboratory          | CS - 2  | 12         | 50           |
| Human Physiology Theory                          | CS - 3  | 30         | 0            |
| Draping Technique                                | CS - 4  | 12         | 50           |
| Shampoo Technique                                | CS - 5  | 12         | 60           |
| Scalp and its Disorders                          | CS - 6  | 16         | 38           |
| Hair and Scalp                                   | CS - 7  | 16         | 32           |
| Rinses and Conditioners                          | CS - 8  | 18         | 50           |
| Hair Cutting Technique                           | CS - 9  | 24         | 82           |
| Hair Shaping Technique                           | CS - 10 | 24         | 82           |
| Chemical Principles                              | CS - 11 | 25         | 0            |
| LEVEL III  |         | HOURS      |              |
| DESCRIPTION                                      | CODE    | THEORY     | LAB          |
| Hair Relaxing Technique                          | CS - 12 | 16         | 79           |
| Hair Waving Technique                            | CS - 13 | 16         | 74           |
| Hair Coloring Technique                          | CS - 14 | 20         | 75           |
| Hair Lightening Technique                        | CS - 15 | 20         | 75           |
| Facials  | CS - 16 | 15         | 25           |
| Make Up  | CS - 17 | 24         | 42           |
| Nails  | CS - 18 | 24         | 0            |
| Basic Manicuring                                 | CS - 19 | 12         | 28           |
| Basic Pedicure                                   | CS - 20 | 12         | 28           |
| OSHA Requirements                                | CS - 21 | 10         | 0            |
| Business Practices                               | CS - 22 | 10         | 20           |
| Job Skills                                       | CS - 23 | 10         | 0            |
| Exam Review                                      | CS - 24 | 16         | 0            |
| Louisiana Cosmetology Act. Rules and Regulations | CS - 25 | 10         | 0            |
| <b>1,500 Hours =</b>                             |         | <b>424</b> | <b>1,076</b> |

## **Program Description**

The purpose of the Cosmetology program is to prepare the students at an entry level, with the required techniques and preparation to be developed, within the beauty industry. After the program completion, they will be able to integrate into the employment market in a variety of positions such as hairstylist, sales representatives, salon assistant, salon owners and many more.

## **General Objectives**

The objective is to prepare young men and women to be part of the work force needed, so they can have a better quality of life for themselves and their family. This career provides the opportunity for students to grow within the beauty industry.

## **CS 1 Basic Cosmetology 200 hours**

During this unit, the students will learn the origin of the Cosmetology field up to the contemporary era, the different job opportunities related to the field and also the correct use and care of the tools and equipment. This unit will provide the basic knowledge of the practical work, which would help them to develop confidence, not only for them, but also with the customers. They will become familiar with professional ethics, professional image and professional behavior, that will help them to achieve success. Several practical work activities will be provided to train them to: 1. Apply different chemical services without using any chemical products. 2. Practice work in basic haircuts, pin curls, finger waving, permanent waving, sectioning of the hair, shampoo and draping. These practices will help the students to develop finger dexterity and confidence, before they are moved to the second level.

## **CS 2 Infection Control 62 hours**

This unit will help the students to be familiar with bacteria and the different ways of infections, preventing, proceeding, controlling, restraining, spreading and their developing immunities. It also provides knowledge and practice in sanitation and hygiene, as well as how to protect the health of themselves and their customers.

## **CS 3 Human Physiology 30 hours**

The students will be familiar with the mechanical, physical and biochemical function of humans, integrating knowledge that can relate to healthy ways to improve the quality of life and the many services administered to the customers. They will be knowledgeable about the co-relation between the areas discussed, worked and developed.

## **CS 4 Draping Technique 62 hours**

The purpose of this unit is to train the students to be able to protect or safeguard the customers properly at all time, for every service they receive. The care and protection of the client's skin and clothing plays a very important part. Practical work and evaluations will be provided under supervision to ensure proper instruction and execution.

### **CS 5 Shampoo Technique 72 hours**

Throughout this unit the students will be able to acquire and perform the application of shampoo. This unit will provide skills to the students about how to use several techniques when applying the shampoo. It also includes a variety of massages for different purposes, the protection of the customer while performing the services, as well as the safety procedures.

### **CS 6 Scalp and Physical Disorders 54 hours**

The knowledge of the scalp diseases, disorders and irregularities plays a very important part, before the students do any service to the clients. Throughout this unit they will be able to identify them, in order to know when to treat or not treat some of them, and when to provide or not the services. Being familiar with this unit will help the students to provide for their clients a quality service.

### **CS 7 Hair and Scalp 48 hours**

Important information about hair and scalp will be provided to the students which will help them to comprehend and to differentiate the problems as well as the many products and treatments available to help improve their client's hair and scalp conditions. Excellent customer care will be the primary objective of the students when performing any services. Introduction to a range of products available in the market for this purpose will be addressed.

### **CS 8 Rinses and Conditioners 68 hours**

The students will develop extensive knowledge, not only about the different rinses and conditioners for the care of the hair, but also they will be able to identify what types of product would fit the best for every type of client's hair. Throughout this unit they will carry out the necessary practice for the best quality service results.

### **CS 9 Hair Cutting Technique 106 hours**

This unit will train the students with the basic knowledge of the different hair cuts to be adapted to the client's likes and profiles. This training includes a variety of techniques, tools to be used for it, such as shears, thinning shears, razors among others, and the correct use and handling of them. Professional terminology and vocabulary would be implemented during this unit. Throughout practices and evaluations they will be able to create, cut and refine the hair in sync with the technology and always following the safety precaution and procedures.

### **CS 10 Hair Shaping Technique 106 hours**

Styling the hair and adapting it to different client's profiles, is an artistic challenge that distinguishes every hair stylist. The purpose of this unit is to prepare the students, not only to know how to style their clients hair, but also to be creative and adapt the shape and style to any occasion such as black tie, casual elegant and fantasy. Practices and evaluations will be provided to the students to improve and master these skills.

### **CS 11 Chemical Principles 25 hours**

The purpose of this unit is to provide the students a basic knowledge on chemical principles, which will help them to have a much better understanding about the use, mixing and application of any chemical services to the clients. This also will include the importance and relevance of reading the labels of the products to be used before any application. Training in handling the products in a safety manner will also be provided as well.

### **CS 12 Hair Relaxing Technique 95 hours**

Relaxing the hair is one of the most challenging chemical services performed in beauty salons. Learning these techniques will help the students to be familiar, not only with the chemical components of it, but also the different types of hair and when and how they should be used. Throughout this unit the students will be able to identify and apply the care and handling of all types of chemical products for relaxing the hair. They will also learn to employ the safety precautions and procedures with practices and evaluations.

### **CS 13 Hair Waving Technique 90 hours**

A basic understanding about the different ways to wave the hair, will be provided to the students, using a variety of perm rods and products available in the market for all types of hair. Throughout this unit they will be practicing different techniques and application of products on mannequins and real hair and scalps. Safety precautions and procedures will be followed during all practical experiences.

### **CS 14 Hair Coloring Technique 95 hours**

The students will be familiar with the hair color techniques, applications of color products, care of the customer's skin, hair and scalp during the application process. This unit will also provide knowledge about the theory of color and color corrections. The students will be applying the acquired knowledge during the laboratory provided, not only on mannequins but on real hair as well. Safety precaution procedures will be followed.

### **CS 15 Hair Lighting Technique 95 hours**

Throughout this unit the students will be able to know the variety of products available in the market for lighting the hair, as well as the correct use and application to different types of hair. They will be trained about the chemical composition of the products and the importance of reading the labels and follow the manufacturer instructions. They will be practicing precautions and safety procedures at all times. The use of mannequins and real hair and scalp will be used as well during the laboratories.

### **CS 16 Facials Technique 40 hours**

This unit will provide to the students the necessary skills related to skin disorders, different types of skin treatment and massages, to improve the vitality of the skin. Different products available in the market for all types of skin will be examined and applied. This unit includes waxing techniques to remove unwanted hair. Practices and evaluations will be provided to ensure the quality and learning skills of the students.

**CS 17 Make Up 72 hours**

Throughout this unit the students will obtain basic knowledge about the different facial expressions, color scale and basic application of makeup, as well as eyebrow shaping. During the laboratories they will apply the acquired knowledge of color and blending. The students will practice correction and application of make up on different profiles and skin colors.

**CS 18 Nails 24 hours**

The study of the nails and its disorders is very important to the students because of the correlation it has with the services they will provide for their clients. They will be familiar throughout this unit with nail disease, disorders and irregularities, and when to treat and care the nails and when not to. They will be able to identify some of the nail disorders and diseases.

**CS 19 Basic Manicure 40 hours**

The unit will facilitate basic knowledge to the students about the different nail shapes, as well as the care, cleanliness and polishing of the hands and nails. Massage technique of the hands and fingers will be also included. Throughout this training they will be able to apply the knowledge and skills acquired, to the customers.

**CS 20 Basic Pedicure 40 hours**

The study of basic pedicuring will help the students not only to identify the toe nails disorders but also the treatment and care of the feet, including the knowledge and application of skin massages. They will also be trained to perform the service in the time frame assigned and following safety precautions procedures.

**CS 21 OSHA Requirement 10 hours**

Throughout this unit the students will be able to provide a safe and healthful workplace for themselves and their clients by enforcing the standards established by OSHA.

**CS 22 Business Practices 30 hours**

Opening a new business is the dream of many hair stylists, but to do so the students have to be familiar with the state, federal and legal standards applicable among others. This unit will guide them to be familiar with the methods and procedures for advertising a business, keeping up with an inventory, client's retention and the importance to stay trained within the beauty industry, in order to be part of the modern world.

**CS 23 Job Skills 10 hours**

This unit will teach the students how to prepare a resume using background experiences, summary, skills and examples. The purpose of this unit is to help the students to be prepared for submitting

**CS 24 Exam Review 16 hours**

This unit provides the students the opportunity to review the theoretical concepts of the cosmetology field, facilitating the necessary practice that will help them to be better prepared to pass the state exam.

## **CS 25 Louisiana Cosmetology Act Rules and Regulations 10 hours**

The students will be provided with different evaluations to ensure a better quality and understanding of the principles of the cosmetology field and the chemical parts of its applications to jobs available within their knowledge and skills. This unit will provide important information about the Louisiana Act Rules and Regulations to be applied and practiced by the students while learning a new career in a Cosmetology school. It will also help them to comply with the same, assuring a long time successful business, while dealing with the public health. Some evaluations will be given in order to assure the under