



Curriculum
Nail Technician Specialist

NAIL TECHNICIAN SPECIALIST				
DESCRIPTION	CODE	THEORY	LAB	HOURS
History of the Nail Profession Bacteriology, Sanitation, Sterilization Safety, and Infection Control	NT - 101	20	40	60
Equipment, Supplies, and Instruments	NT - 102	8	22	30
Basic Electricity	NT - 103	8	22	30
Hygiene and Professional Ethics	NT - 104	8	22	30
Anatomy and Physiology	NT - 105	8	22	30
Nails Composition and Disorder	NT - 106	8	22	30
Basic Chemistry	NT - 107	8	22	30
Manicure	NT - 108	8	22	30
Pedicure	NT - 109	8	22	30
Types of Artificial Nails	NT - 110	8	22	30
Artificial Nail Technology	NT - 111	30	90	120
Natural and Artificial Nails Repair	NT - 112	16	44	60
Nails Retouching	NT - 113	8	22	30
Advanced Nail Design	NT - 114	16	44	60
Color and Design	NT - 115	16	44	60
Salon Administration	NT - 116	16	44	60
Total Hours		194	526	720

Program Description

This program has been divided into theories, practices, and clinics and will help to prepare the students to develop skills that will help them to be able to offer services to the public, in a safe and healthy environment. The care of the hands and feet, artificial nails applications, the repair of natural and artificial nails, fiberglass, as well as nails coloring and designs are included within this course. Salon administration that includes business principles and job skills are also part of this program which is highly beneficial to our students in preparing them to be part of the workforce for a better quality of life. Basic electricity and the Louisiana Cosmetology Act Rules and Regulations are an important part of this Nail Technician course, as required by the state of Louisiana. Upon completion of this course and clear with the institution, the students are going to be able to earn a diploma from the institution. Once they take the State test and pass it, they will be certified by the Louisiana State Board of Cosmetology as nails technicians. This will qualify them to work in any job opportunities related to the field. Sales representatives, Nail technicians in a nail salon, nail salon assistants are an example of some of the professions. Continuing education is always recommended to all nail technicians having completed this course.

GENERAL OBJECTIVES:

To develop professionals in the Nails field that are able to:

- Apply the basic skills required to offer diverse and varied services in nails that are current with fashion and technology.
- Function within the profession of Nails Specialist Technician as an employee of a business or self-employed.
- Develop their personal image to be successful in the attention and attraction of customers, as well as achieving the highest level of personal satisfaction in performing as specialists in all the nails services offered.
- To develop competencies, concepts, theoretical principles, and practices to acquire the necessary skills to qualify the students to achieve an excellent work performance level in the field of nails technology.
- To provide the students with the necessary competencies and professional tools to position themselves and find employment in the professional field as Nails Specialist Technicians. Specific Objectives
- To provide the educational experiences to allow the students to classify, appreciate and acquire a value system that can reflect their individual and collective performance.
- To cultivate those aspects of the students' personality that allows them to perform successfully in the profession.
- To develop in the student the importance of sterilization and apply healthy, preventive and safety practices for the nails professional and their clients.
- To provide the knowledge and proper practices for the students to make correct and informed decisions and properly use products, materials, and nails equipment.
- To develop in the students the constant practice of professional ethics with their clients, co-workers, and employer, as well as to deriving satisfaction in the accomplishment of their work.

NT-101 History of the Nail Profession, Bacteriology, Sanitation, Safety and Infection Control 60 hours

This unit has been designed for the students to know and comprehend the origin of the nail profession, its development, and its source of wealth in our contemporary era. Knowledge is going to be provided to the students about different types of bacteria, sanitation, sterilization, and safety and infection control that it is necessary and important to prevent the spread of diseases. The students are going to be knowledgeable throughout this unit about the importance of protecting public health. The environment in which a professional nail technician will work should always be safe throughout the principal of infection and prevention.

NT-102 Equipment, Supplies, and Instruments 30 hours

Throughout this unit, the students are going to be able to know, use and care for the equipment, supplies, and instruments used within the field of a nail technician. The proper use, handling, and care of the equipment and instruments are important for its safe and healthy life, and for the safety required to prevent accidents. This unit also provides knowledge about the various products and supplies available in the market for all types of nail services. NT-103 Basic Electricity 30 hours

The students are going to be familiar with the proper management of the equipment that uses electricity and all the safety precautions necessary to protect themselves and their customers. This unit will provide the students with all the safety procedures while handling any type of electric apparatus. They will learn to abide by the OSHA requirements as it is an important part of our institution.

NT-104 Hygiene and Professional Ethics 30 hours

The practice of good hygiene plays an important role for a student to grow professionally and healthy as well as the practice of professional ethics. This unit will help the students to cultivate a clean and pleasant personality that will lead them to succeed. The value of the ethical conduct in relation with the clients and coworkers will be emphasized throughout this unit.

NT-105 Anatomy and Physiology 30 hours

Throughout this unit, the students are going to be familiar with the main function of the human body, and how they relate to the services they will be providing to customers. In doing so, they will be able to provide better care to their clients while performing such services.

NT-106 Nail Composition 30 hours

To become a professional nail technician, it is very important that the students become familiar with the composition of the nails before practicing any nail services. This unit has been designed to help and provide knowledge about the composition of the nails, its disturbances or disorders, which will help the nails students to identify them and be able to offer the proper care and treatments that can be beneficial to customers within the field of nail services available for them to perform.

NT-107 Basic Chemistry 30 hours

The purpose of this unit is to provide to the students a basic knowledge and practices in chemical principles, which will help them to have a much better understanding about the use, mixing and applications of any chemical services before they do any chemical services to customers. This unit also includes the importance and relevance of reading the labels of any chemical products prior to being used. The students are going to be trained about how they should be handling the products in a safe manner as part of this unit.

NT-108 Manicure 30 hours

The first step in cleaning, fixing and enhancing the client's hands and nails, it is the manicure. Throughout this unit, the students are going to gain knowledge and practice about the proper way of setting up a manicure table with the necessary tools and products to perform a manicuring service with its appropriate massages for each customer, always following the safety precautions, sanitation, and sterilization procedures.

NT-109 Pedicure 30 hours

This unit has been designed to help the students to acquire knowledge and practices about the care and grooming of the client's feet by cleaning, fixing and enhancing the client's toenails and feet throughout a pedicure service. At the completion of this unit, the students should be able to set up a pedicure station with the

necessary tools and products to provide pedicure services to customers in a clean and safe atmosphere. Different types of massages are going to be taught within this unit for the benefit and care of the feet.

NT-110 Types of Artificial Nails 30 hours

Through conferences, illustrations, socialized discussions, and presentation, the theoretical foundation of knowledge for the different types of artificial nails that are available in the market is established. Information about materials and procedures are part of this unit for performing acrylic, silk fiberglass, organic, sculptural and gel nails, among others. The students will be able to identify different types of artificial nails throughout this unit.

NT-111 Artificial Nail Technology 120 hours

This unit covers the theory and practices of artificial nails and all the techniques used for its applications. It also covers the products and materials needed for the different services. Intensive practices are going to be provided under a licensed instructor.

NT-112 Natural and Artificial Nail Repair 60 hours

A special process is required for the nails to be repaired. This unit is designed to help the students to develop the skills necessary for the repair of natural and artificial nails as well, leaving a natural and professional appearance. This unit also requires an intensive practice that is going to be assigned and supervised by a licensed instructor.

NT-113 Nail Retouching 30 hours

This unit is designed to provide knowledge to the students, so they can develop the skills to provide services to the customers when they need a retouch of artificial nails. This step requires a special process, so the nails do not look superimposed, but natural looking like. After the completion of this unit, the students will be able to know how to do nail retouching, always following all safety and sanitary procedures.

NT-114 Advanced Nail Design 60 hours

Throughout this unit, the students will be familiar with different ways to be creative while designing the client's nails. They are going to know about the different nail products and designs used to help the clients taste and styles. Several practices and techniques are going to be used for the students to achieve the skills to design their client's nails with the instructor's guidance.

NT-115 Color and Design 60 hours

This unit is designed to provide the students with the necessary practice to perfect the technique when applying enamel in the nails as part of the manicures finish and as a contemporary way when executing a creative and customized design. The students are going to be practicing with geometric lines, drawing, decoration applications like diamonds, flowers, sparkles, and more.

NT-116 Salon Administration 60 hours

This unit will cover important information and practices for the students who are going to be needed to be successful as nail technicians. Business principals, job skills, resume, letter of presentation and job interview are examples of this. This unit will reinforce the procedures required by the Louisiana Cosmetology Act Rules and Regulations.